



## COZY RITUAL

Chai means “tea” in Hindi and many other Indian languages.



**WARNING!**  
Ask an adult's permission before using the oven.

# Bake chai oatmeal cookies with spiced glaze

## Ingredients

### FOR THE COOKIES

- 1¼ cups flour
- 1 teaspoon baking soda
- ½ teaspoon kosher salt
- 1 teaspoon ground cinnamon
- ½ teaspoon ground ginger
- ¾ teaspoon ground cardamom
- ¼ teaspoon ground clove
- ¼ teaspoon ground all spice
- Few pinches of ground nutmeg
- 1 cup light brown sugar

- ¼ cup granulated sugar
- 1½ sticks butter, softened
- 1 egg
- 1 teaspoon vanilla extract
- 2 cups rolled oats

### FOR THE GLAZE

- ½ cup powdered sugar
- 10 teaspoons maple syrup
- ¾ teaspoon ground cinnamon
- ¼ teaspoon ground cardamom
- 1 teaspoon vanilla extract

## Instructions

1. In a small bowl, stir together the first nine cookie ingredients (flour through nutmeg). Set aside.
2. In a stand mixer fitted with a paddle attachment and set at medium speed, cream brown and granulated sugars with butter until smooth, about 2 minutes. Add egg and vanilla and blend well.
3. Reduce speed to low. Add flour in thirds, blending well. Mix in oats. Gather dough in a ball and wrap in plastic. Refrigerate for 30 minutes.
4. Heat oven to 350° F and line two baking sheets with parchment paper. Scoop and arrange portions of dough that are the size of 2 tablespoons onto prepared pans, spacing them 2 inches apart. Bake cookies until light brown around edges, about 12 minutes.
5. Let cool 5 minutes, then transfer the cookies to a rack to cool completely.
6. In a small bowl, combine all glaze ingredients. Drizzle glaze on cookies and let set before serving. Makes about 2 dozen cookies.



## LIFE HACK

### GIVE A SOLID HANDSHAKE

Offering a handshake is a polite way to greet someone you are meeting for the first time. In sports, a handshake at the end of a game shows good sportsmanship. If you see someone extending their hand to shake yours, or you want to initiate a handshake, reach your right hand out with your right elbow bent toward the person. Clasp the other person's right hand, and hold onto it firmly. Shake up and down two or three times, before letting go. Try to avoid letting your hand feel soft as you shake. Also be sure to make eye contact with the other person. Finally, release their hand. This will likely happen naturally.

Be a good sport and shake hands.

