



## HAPPY HUES

Besides orange, sweet potatoes also come in white, red, and purple varieties.



### WARNING!

Ask an adult's permission before using the stove or oven.

# Bake up cinnamon sweet potato tarts

## Ingredients

### For the tart:

- 1 pound (about 1 large) sweet potato, peeled and cut into 2-inch chunks
- 1 tablespoon unsalted butter
- 3 tablespoons light brown sugar
- ½ teaspoon ground cinnamon
- 2 tablespoons milk of your choice, plus more for sealing dough
- Kosher salt

- Ground nutmeg
- Flour
- 1 (14-ounce) package refrigerated pie dough

### For the glaze:

- 2 tablespoons unsalted butter
- 3 tablespoons light brown sugar
- 2 tablespoons milk of your choice
- ⅔ cup powdered sugar
- Vanilla bean paste (optional)
- Orange or rainbow sprinkles

## Instructions

1. Heat oven to 425° F and line a baking sheet with parchment paper. Bring a small pot of water to a boil.
2. With an adult's help, boil the potatoes until tender, about 12 minutes. Drain and mash in a heat-safe bowl with the butter, sugar, cinnamon, milk, and a pinch each of salt and nutmeg.
3. On lightly floured surface, roll out each dough round to a 12-inch circle. Cut each into an 8-by-10-inch rectangle.
4. Place one on the prepared baking sheet and cover with the filling, leaving a ½-inch border. Brush the edges of the dough with milk and press the other dough piece on top. Use fork tines to crimp edges and poke several holes in the top.
5. Bake 15 to 18 minutes, until golden.
6. To make the glaze, combine butter, brown sugar, and milk in a small saucepan over medium-low heat until the sugar is melted. Whisk in powdered sugar and vanilla paste if using. Immediately spread on the tart. Scatter with sprinkles and cut tart into slices. Serve warm. Serves 6.



## LIFE HACK

### TUNE UP YOUR BIKE

With spring almost here, it's a good time to get your bike ready to ride with a tune-up. With an adult's help, first use a soft cloth to wipe away any winter grime and road salt. Next, check that your tires are properly inflated, which will help ensure a safer, smoother ride. Test your brake levers to make sure the bike stops easily. Pay attention to the chain. A thin layer of chain lubricant will keep it in good shape and prevent rust. Hop on the seat and make sure the height is comfortable—especially if you've grown since last year—and adjust it if necessary. Finally, look over your bike for any loose or missing bolts or reflectors. Wear a helmet, follow the rules of the road, and happy riding!

Be ready to roll.

