



How to...



NOTES AND QUOTES

The art of scrapbooking dates back centuries to when people kept "commonplace books" for collecting recipes, quotes, letters, or poems.

Create a summer scrapbook

Have fun putting together a special keepsake you'll cherish later.

Summer is a time for making memories. Maybe you'll learn to boogie board, take an epic bike ride, go on a special camping trip, or discover a new ice cream flavor. One way you can capture the excitement of summer is to create a scrapbook. When you're done, you can share it with others and enjoy paging through it for years to come. Here's how to start.

Select a book as your canvas

You don't have to buy anything new. A used notebook or sketchbook with a lot of blank pages will work. Just remove the used pages to give the notebook a fresh purpose. Or make your own: Use a three-hole punch at the edge of 10 or more pages of printer paper, and tie yarn through the holes to create a book.

Start collecting tokens of summer

Look for mementos for your scrapbook. Visiting a beachside cafe? Keep a napkin with the restaurant's colorful logo. Going to a science museum? Take home a paper brochure and cut out words and pictures from it. (If you have decorative-edge scissors, you can add a creative flair to what you cut out.) You can also look for special stickers at places like a national park visitor center, an ice cream

parlor, a surf shop, or a boardwalk arcade. If you pick a pretty flower, you can also use it for your scrapbook. Press the flower between parchment paper inside a hardcover book to flatten it as it dries.

Print some pictures

Go through your family's photo gallery and select 10 to 20 images that sum up your summer experiences. They could depict what you did or things you saw. For example, you might have photos of a turtle you spotted sunbathing on a rock, an image of a delicious smoothie you made with friends, or a family photo from a day at an amusement park. Ask an adult to have the photos printed for you.

Assemble your scrapbook

You can create pages throughout the summer or wait until the end to choose your favorite mementos. When you're ready to get started, arrange some of the items on a page, leaving room to write captions or add drawings around them. Once you're happy with how a page looks, use a glue stick to adhere the items in place. As you complete each page, you can think back on the memories you made and be happy that your scrapbook will help you remember them!



Add your personal touch.

Favorite memories



Besides collecting items like ticket stubs and photos for your scrapbook, you can also write about what's on your mind. Here are some questions you can ask yourself.

What do you love to do outside?

Where is a special place you plan to visit this summer?

Do you have a favorite pool game or place to swim?

What books do you hope to read this summer?

What summer movie are you most looking forward to?

What ice cream flavors do you like most and least?