

WARNING!
Only pick up rubbish you recognise. Ask a grown-up if you are unsure what it is.

DID YOU KNOW?

It is thought that 100% of baby sea turtles have plastic in their stomachs.

Organise a litter pick

Gather a group of friends and get involved in the Million Mile Clean.

What you need

- Friends or family members (including a grown-up)
- A mobile device with an internet connection
- Gloves
- Bin bags

How does it work?

Continuing throughout the year, the Million Mile Clean aims to get 100,000 volunteers each to walk 10 miles, cleaning beaches, streets, country lanes and parks along the way. The campaign, run by the environmental charity Surfers Against Sewage, was set up to address the problem of plastic pollution in the sea. At least eight million pieces of plastic are washed into the world's oceans each day, affecting sea creatures and harming the environment. Plastic can take hundreds of years to break down naturally, so campaigns like this are helping to save the world's oceans and sea life.



1 Before you start, grab a grown-up and visit beachcleans.org.uk. You can join a mini clean or organise a bigger one with friends.



2 Ask a grown-up to download the Strava app to track how far you walk. Pop on your gloves and head out to start litter-picking.



3 Pick up any rubbish you see and pop it straight in a bin bag. Remember to record your efforts on the Million Mile Clean site.

YOUR LABS

Send us your comments, pictures and wacky ideas and see them in the magazine. Email hello@science-nature.co.uk

ISSUE 33



Iqra designed this bug hotel with help from her brother and sister.

ISSUE 36



Philippa baked this leopard bread – and already wants to make more!

ISSUE 33



Ladybirds and a spider have already moved into Arabella's bug hotel.

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