



Recycle items to make miniature picture frames

What you'll need

- Jar lids, buttons, or bottle caps
- Small items to frame, such as photographs, drawings, paintings, stickers (stuck to paper), or pictures cut from magazines
- Pencil
- Scissors
- White glue, glue stick, adhesive dots, clear tape, or a combination
- Wooden coffee stirrers or paper straws
- Baker's twine or string

Instructions

1. For a button or cap frame: Place a button or cap over a picture, centering it on the part you want to show. Trace around it with a pencil. Cut just inside the line so the picture will fit. Use a glue stick, white glue, a loop of clear tape, or an adhesive dot to attach the picture inside the cap or onto the button.
2. For a wooden or paper straw frame: Cut a wood coffee stirrer or straw into four equal pieces. To make a rectangular frame, cut two longer pieces and two shorter pieces. Glue the pieces together to make a frame. (Let stirrers overlap a little at the corners.) Glue a picture to back of the frame.
3. For a hanger: Cut a piece of string about 3 inches long and fold it in half. Use clear tape or glue to attach both ends of the string to the back of the frame or art.
4. To display your art: Hang your frame on a pushpin on a bulletin board, or ask an adult to help you hang it on a wall. These tiny frames are also fun to use in a dollhouse or diorama!



LIFE HACK

TRY INGREDIENT SUBSTITUTIONS

If you have a recipe you're excited to try, but you don't have all the ingredients you need, you may be able to make some substitutions that will still yield tasty results. For example, if you're baking and you're out of butter, you could swap in an equal amount of mashed bananas or applesauce. If you're cooking and a recipe calls for fresh herbs, like parsley, dill, rosemary, or thyme, you can use dried versions from your family's spice rack. Since dried herbs are stronger than fresh ones, use $\frac{1}{4}$ of what the recipe calls for. Plain Greek yogurt can stand in for sour cream in recipes. You can also make swaps for vegetables, such as broccoli for cauliflower.

Get creative
in the kitchen.

