Make a window mandala

Create a colourful decoration to brighten up a window. The light will shine through the colours and make even a cloudy day seem cheerful.

A mandala is a geometric design, which means it is made up of repeating shapes and patterns. The word "mandala" means "circle" in Sanskrit, an ancient Indian language, and designs are often based on circles or squares. In some religions, such as Hinduism and Buddhism, the mandala is a spiritual symbol. Designs are created in cloth, paintings, pottery and even coloured sand. Mandalas are often used to help people meditate (a practice of focusing the mind). Make a mandala and invite some colourful calm into your home.

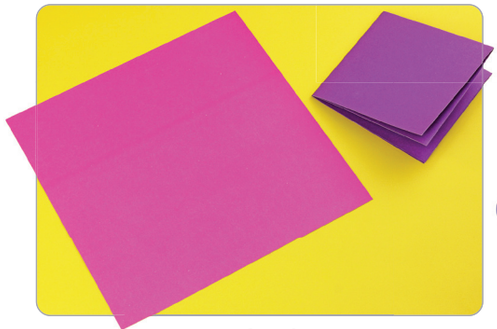
What you need

- A4 coloured card
- Scissors
- A pencil
- A ruler
- A glue stick
- Coloured tissue paper
- Sticky tape

TOP TIPS

Fix your finished mandala to a window with tape or sticky tack.

Use any leftover card to make another mini mandala.



1 Cut two A4 pieces of card into 21cm x 21cm squares. Fold both pieces in half then in half again into quarters. Use two colours if you can.

2 Draw matching curves on the top of your folded cards, exactly as shown in the picture above. Cut them out.

3 Draw a smaller curve in the middle of the folded pieces, leaving a border of 1.5cm all the way round. Then cut both pieces into frames.

4 Unfold the frames then carefully bend each crease in the opposite direction so that you flatten out the card.

5 Overlap the frames with the eight points evenly spaced and glue together. Cut a circle frame (11cm across) and stick it in the middle.

6 Cut up pieces of tissue paper and lightly glue them around the mandala – it's ok if they overlap. Turn over to see your finished mandala.

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SCAN ME