



WORTH THE WAIT

A pineapple plant is a spiky tropical bush that can take several years to produce one pineapple.

WARNING!
Ask an adult's permission before using a food processor.

Roll up pineapple coconut snowballs

Ingredients

- 18 pitted dates
- ½ cup rolled oats
- ¼ cup almond butter
- 1 (5- to 6-ounce) bag dried, unsweetened pineapple rings
- 1 cup unsweetened shredded coconut
- ¼ teaspoon vanilla extract
- ½ cup unsalted macadamia nuts
- ¼ teaspoon cinnamon
- Kosher salt

Instructions

1. Place the dates, oats, almond butter, and pineapple rings in a food processor and pulse 8 to 10 times to break the ingredients into small pieces.
2. Add ½ cup of the coconut, along with the vanilla, macadamia nuts, cinnamon, and a few pinches of salt. Process until the mixture begins to hold together.
3. Have a baking sheet ready (for easy cleanup, you can line it with parchment paper), and place remaining coconut in a bowl.
4. Scoop a tablespoon-size portion of the date mixture and use clean hands to roll it into a ball. Place the ball in the bowl with the shredded coconut and roll it around gently to lightly coat it. Transfer the coconut ball to the baking sheet.
5. Repeat previous steps with the remaining date mixture and coconut.
6. Place the bites in an airtight container and store in the refrigerator until ready to eat (up to 10 days). Makes 24 bites.



LIFE HACK

CLEAN UP YOUR WINTER BOOTS

Your winter boots can start looking scruffy from slushy snow, mud, rain, or sidewalk salts, but you can help them look fresh again. First, get in the habit of drying out wet boots by stashing crumpled-up paper inside them to absorb moisture and maintain their shape while you clean the outside. To do that, ask an adult to help you make a solution of half water and half vinegar in a spray bottle. Use the solution to spritz sidewalk salts off soles, and use an old kitchen brush or scrubber to gently remove dirt and debris. If the exterior of your boots are made with delicate materials (like suede or leather), always air-dry them away from heat or sunlight to prevent damage.

Keep them looking new!

