

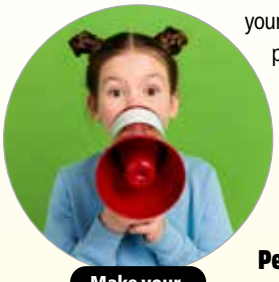
HELP THE WORLD

Consider these thoughtful ways you can have a positive impact.

When *The Week Junior* surveyed children about what would make the world a better place, 87% told us kids should have a say on issues that affect them. (See page 12 for more findings from our survey.) Here are some ways you can make a difference.

Lend a hand for others

About 66% of survey respondents said "helping others when you can" is something kids can do to take action. The good news is that there are many ways to do this. You could help a classmate with their homework or share art supplies with them. At home, you could get into the routine of always setting the table for dinner or refreshing a pet's water bowl. In your community, offer to walk a neighbor's dog or rake the leaves in their yard.



Make your voice heard!

Speak up

When it comes to issues kids care about, 46% said it's important to speak out. There are many ways to make your voice heard. For example, you can write letters to school leaders or newspaper editors about an issue in your community, such as the importance of having safe, accessible playground equipment or the need for a stop sign at a busy street corner. You could also draw a poster with an important message, like "Recycle!" and ask your principal if you can hang it next to the recycling bins.

Support a cause

Among the many causes kids told *The Week Junior* they care about, making sure everyone has enough food, helping people live in peace, and protecting our planet and animals were their top priorities. You can support the causes that matter to you by taking action. You could donate canned items to a local food pantry. You and your family could attend a rally that promotes peace. To protect the Earth, avoid using single-use plastic bottles. One way to help animals in shelters is to donate old blankets and sheets, which can be used to keep the dogs and cats cozy while they wait for new homes.

Perform acts of kindness

In *The Week Junior*'s survey, "seeing acts of kindness" topped the list of what gives kids hope for the future. To show kindness, make someone's day with a sincere compliment, like "Great presentation in class!" You can also show kindness by saying thank you to a parent, teacher, or coach. For more inspiration, see the box at right for ideas from readers of *The Week Junior.* Then take the pledge on the opposite page!

How *The Week Junior* readers are taking action

Here are some ways readers who have been featured in our Your Turn section (pages 28 and 29) have helped make the world brighter for others:

- Built a lemonade stand to raise money to donate to a children's hospital
- Volunteered at an animal shelter and took the small dogs out for walks
- Had inches cut from their hair and donated it to a nonprofit organization that repurposes hair into wigs for sick children
- Started a club with friends to improve the environment by planting flowers and cleaning up litter in the community
- Set up a Little Free Library to share and exchange books with their neighbors

GETTY IMAGES