





Watch flowers drink

Make flowers change colour and discover how water moves up through a plant.

What you need

- 3 fresh white flowers
- Scissors
- 3 containers
- Food colouring
- Water

How does it work?

Xylem (say zye-lem) vessels are a part of a plant that move water and nutrients from the roots up through the stem and to the leaves. They keep the plant hydrated. During transpiration – the process by which moisture is carried through plants – water evaporating from the leaves draws water from the roots through the xylem vessels. When you add the food colouring to the water, you can see this process in action.



TREE-MENDOUS

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When a tree trunk is cut, you can see rings in it. These are made of a type of tissue called xylem. Each year the tree adds a fresh ring, so you can count them to find out its age.



Use scissors to trim the stems so the flowers can stand in the containers without falling over. This activity works better if the flowers aren't fully open.



Add a few drops of food colouring to the three containers, one colour in each pot, then top up with water.



Place a flower in each container. Leave the flowers in a warm room and wait for two to three hours. You should see colour creeping into the petals.

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