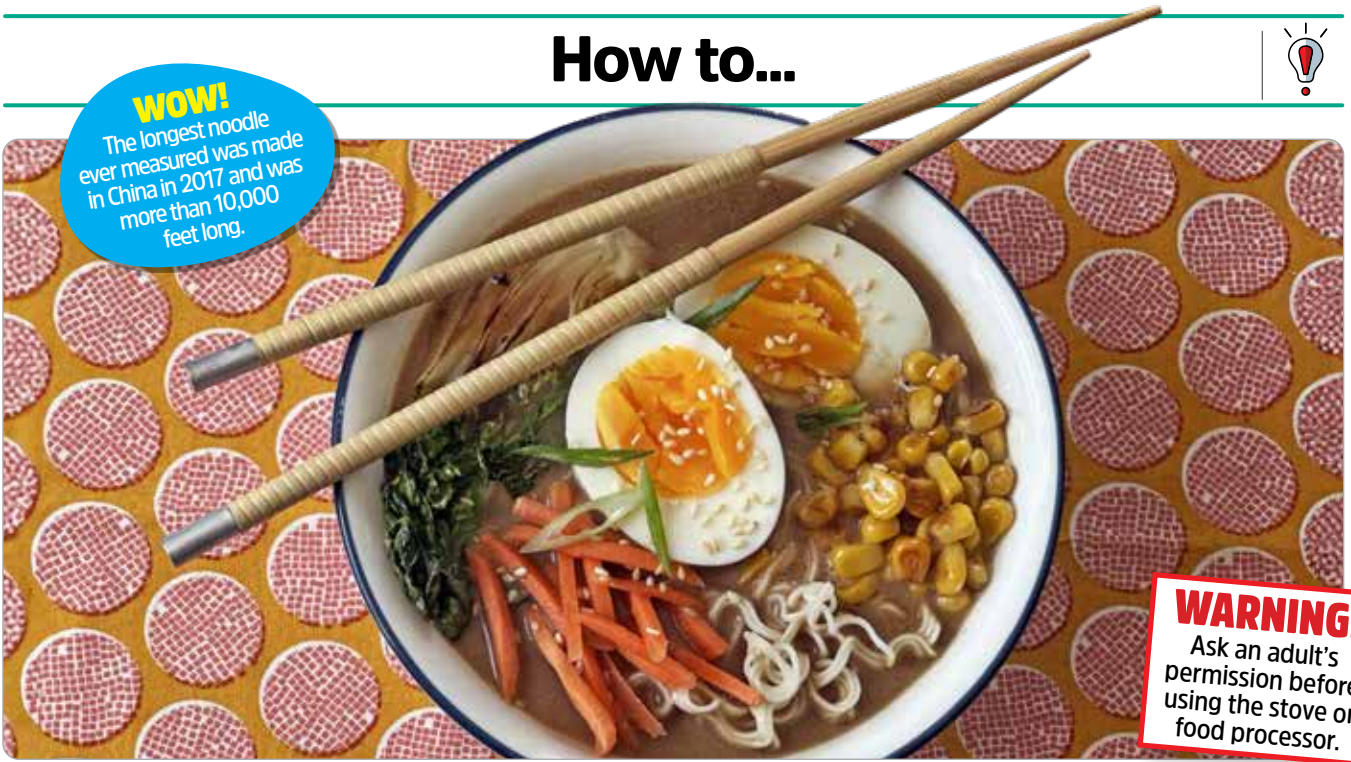




**WOW!**

The longest noodle ever measured was made in China in 2017 and was more than 10,000 feet long.



**WARNING!**

Ask an adult's permission before using the stove or food processor.

## Make a bowl of vegetable miso ramen

### Ingredients

#### FOR THE BROTH

- 1 tablespoon toasted sesame oil
- 2 tablespoons white miso paste
- 2 cloves garlic
- 1- to 2-inch knob fresh peeled ginger root
- 2 green onions, trimmed and roughly chopped
- 1 quart mushroom or vegetable broth
- 1 cup unsweetened coconut milk
- 2 tablespoons tamari

#### FOR THE TOPPINGS

- 1 tablespoon toasted sesame oil
- 1 cup corn niblets
- 4 baby bok choy, trimmed and halved lengthwise
- 8 ounces ramen noodles, cooked according to package directions
- Four 8-minute boiled eggs, halved
- ½ cup shredded carrots
- Toasted sesame seeds
- Thinly sliced green onion

### Instructions

1. Prepare the broth: In a food processor, pulse the sesame oil, miso, garlic, ginger, and green onions to make a chunky paste.
2. Transfer the paste to a large pot and cook over medium heat, stirring often, until it deepens in color and is very fragrant, about 4 minutes.
3. Add broth, coconut milk, and tamari. Bring to a simmer. Cook 10 minutes. Strain broth with a fine mesh strainer. Discard solids.
4. Prepare the toppings: Heat 1 tablespoon of sesame oil in a small skillet over medium-high heat. Add the corn and cook until it starts to char in spots, 2 to 3 minutes. Remove corn to a plate.
5. Add the bok choy to the same skillet (no need to wash skillet) and cook until starting to soften and lightly brown, about 3 more minutes.
6. Return the strained broth to a simmer. Divide noodles among bowls, then ladle in broth. Top ramen with eggs, corn, bok choy, carrots, sesame seeds, and green onion. Makes 4 servings.



**LIFE HACK**

### SHOW A TEACHER YOUR APPRECIATION

National Teacher Appreciation Week is May 4–8 this year. You likely have a teacher who has made a difference in your life by caring about you and your success. Use this week to let them know how much you value them and their hard work. You could make them a handmade card or simply write them a note thanking them for being a great teacher. Be sure to include reasons why you appreciate them. For example, maybe your teacher makes learning fun, takes extra time to explain a lesson to you, or boosts your confidence. Another idea is to write your teacher a poem or draw them a picture. Anything personal from you will make for a meaningful gift.

Let a teacher know you care.

